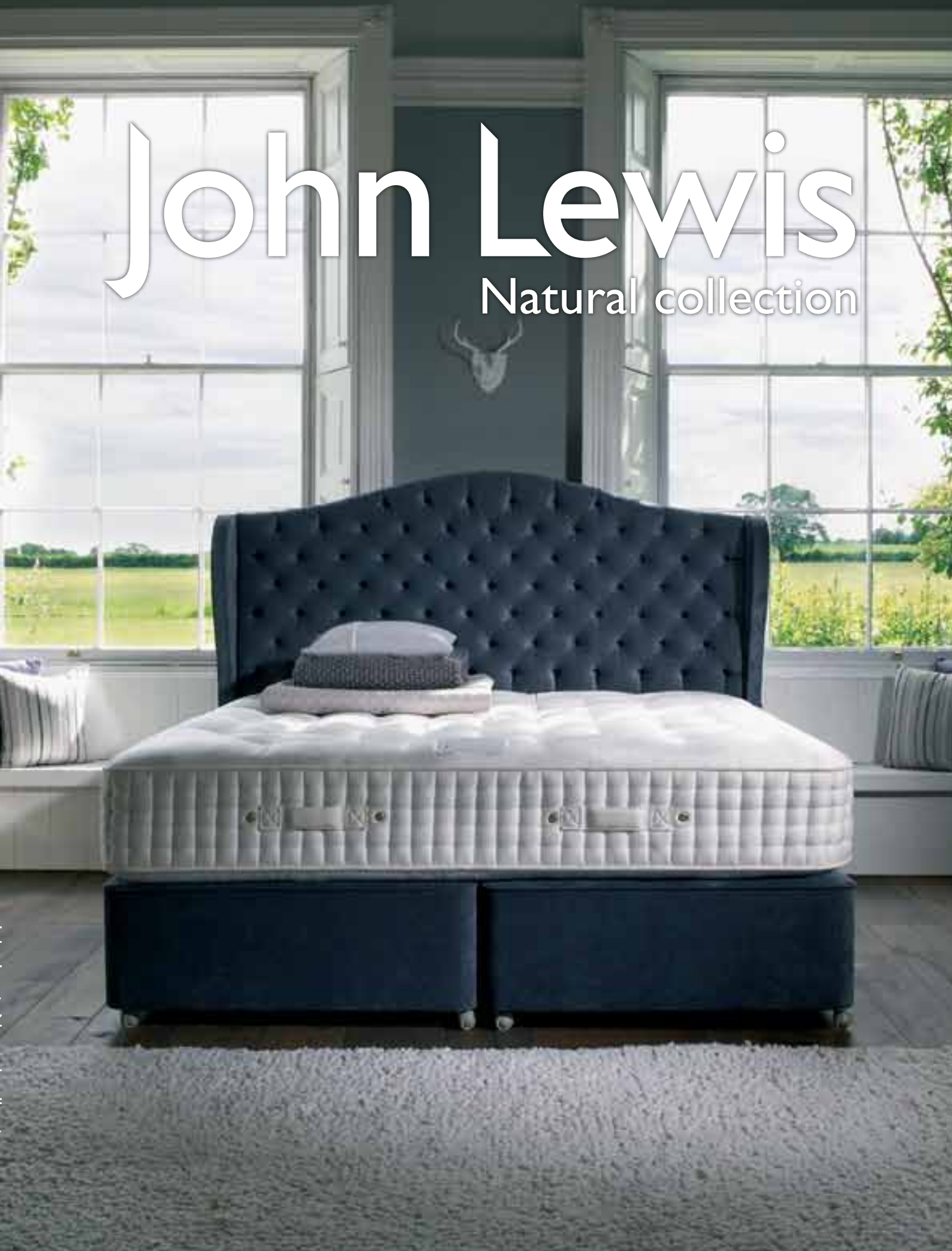


# John Lewis

Natural collection





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*Simon Spinks  
Family bed maker*

## Welcome to the John Lewis Natural collection

The John Lewis Natural collection of beds and mattresses have been designed, developed and hand built in Yorkshire by Spink & Edgar to give you a great night's sleep. Spink & Edgar are one of Great Britain's most established bed makers who specialise in delivering innovative, natural and environmentally sustainable sleep.

Simon Spinks, the managing director of Spink & Edgar occupies his time inventing and innovating different ways that pocket springs can deliver unsurpassed pressure relieving support and comfort. The John Lewis Natural collection benefits from this technology by including the exclusive and award winning Revolution® dual resistance pocket spring system. This coupled with the HD pocket spring inventions delivers a range of beds with sublime levels of comfort.

To guarantee the quality of their natural fillings, Spink & Edgar have invested in a farm so that they can grow hemp and linen flax comfort fibres from seed and raise sheep on lush green pastureland.

This sustainable approach to manufacturing allows them to not only work with Natural England to preserve endangered wildlife habitats, but also produce products that are 100% recyclable at their end of life.....no other bed manufacturer in the world can boast these credentials.

This brochure will guide you through how to choose the right bed for you and introduce a way of making beds that is different to any other; to a sleep experience that is delivered through innovative spring technology and 100% natural fillings. The brochure will guide you through each bed in the John Lewis Natural collection so that you gain an understanding of the quality, innovation and craftsmanship that goes into a John Lewis Natural collection bed.

*'...My family have been making beds for over five generations and it is the knowledge and experience gained over this period of time, coupled with constant innovation that make the ingredients for a great bed.*

*Our move towards creating more sustainable products with less carbon emissions came about from a number of influences, but it was the encouragement and support from John Lewis that spurred us to make the huge investment in a Yorkshire farm to grow our mattress fillings locally to our factory in Leeds.*

*Please try out our range of John Lewis Natural collection mattresses and enjoy environmentally sound sleep....'*

*Simon Spinks, bed maker*



## Environmentally sound sleep

The journey to hand-make your bed does not begin on a production line, it starts on a farm in North Yorkshire, just 20 miles from the Spink & Edgar factory.

Here, Spink & Edgar rear sheep for their woolly fleeces and grow hemp, flax and even lavender for the fillings blends. This helps guarantee the quality of these fillings and significantly reduces the impact on the environment.

The John Lewis Natural collection has been designed to be recyclable at end of life by using natural upholstery fillings. The Spink & Edgar farm is working with leading recycling experts to develop a recycling programme that converts natural mattress fillings in to a liquid fertiliser that will be used to fertilise future fibre crops on the farm - this will be the first closed looped production and recycling programme in the UK bed industry.

*"Renewable heat energy is a key feature at the farm, the buildings are heated using biomass technology, fueled using waste products from the fibre crop production and from timber sourced from the Spink & Edgar sustainably managed fifty acre forest in North Yorkshire.*

*At the Spink & Edgar farm we look forward to a healthy, sustainable future and recognise that environmental integrity is a crucial element in what we do in improving sleep technology and to protect our world, now and for the generations to come."*

- Don Parkes  
Spink & Edgar Manufacturing Director

*Gary McPartland  
Bed farmer*

*"The health and wellbeing of our sheep is of the utmost priority on the Spink & Edgar farm. It is my job to ensure that all our sheep are in the best condition to produce the best, most springy luxurious wool possible."*



Replacing petrochemical mattress fillings such as foam and polyester with locally grown natural fibre crops and wool reduces the impact on the environment by dramatically reducing CO<sup>2</sup> and green house gas emissions.



Ploughing the fields on the Spink & Edgar farm



The farmhouse in North Yorkshire



Gary herding the sheep

**i** Spink & Edgar are the only bed manufacturer in the world who has a farm where they raise sheep and grow luxury fibres for use as sumptuous comfort fillings in mattresses.

# The sleep sheep

Meet Harrison - he and his woolly friends graze the lush green pastures of the bed-farm and trade in their extraordinary fleeces annually so the John Lewis Natural collection of mattresses can be sumptuously filled.

Not all wool is suitable for upholstery fillings, which is why we make every effort to ensure

that we nurture our sheep breeds and only select the very best wool fleeces for their springy and resilient properties.

After shearing takes place in June, the wool fleeces are cleaned ready for use in the John Lewis Natural collection mattresses.

*"This process is repeated across other local farms in Yorkshire and the UK ensuring that all the John Lewis Natural collection wool is sourced in the UK reducing the transport carbon footprint."*

- Tony Smith  
Spink & Edgar Transport Manager



**We breed Swaledale, Blue Leicester's, Suffolks and Texel sheep** as we believe they produce the best wool for making mattresses.



Wool is a totally sustainable natural mattress filling, which can be fully recycled at the end of the mattresses life.

We do not employ any pesticides or fertilisers on the pastureland that we graze our sheep on.



Our first sheep 'Harrison'





Hemp being harvested

**Hemp**  
Hempure® is derived from Hemp and scholars believe that this is humankind's oldest cloth and hemp limestone composites have been found in ancient Roman architecture.

Hempure® is resilient, durable and excellent for temperature regulation. Growing hemp on our farm not only guarantees the quality of this filling, it also significantly reduces the impact we have on the environment in the production of our fine beds.



**One tonne of natural hemp and flax** linen fibre are produced for every acre of crop grown.

**Hemp is highly pest resistant** and consequently we do not use any pesticides in the production of it on the farm.

**Hemp can grow a foot per week** during its peak growing season reaching a total height of between 9 and 12 feet.

## Yorkshire grown natural comfort

Rich Yorkshire soil, rain and sunshine create the perfect growing conditions to grow our luxury hemp and flax linen crops from seed.

In late Summer, the lush green hemp and cobalt blue flax are harvested, matured and threshed to produce wonderfully soft and absorbent fibres for the John Lewis Natural collection mattress fillings.



Hemp seeds



Field of Flax



**Flax and hemp are superstrong**, and also more absorbent than cotton - this helps regulate mattress temperature.

**The hemp and flax linen fibres used in our mattresses are totally recyclable** at the end of the mattresses life.

**Our beds are unique** because we are the only bed manufacturer who has developed a process to extract comfort fibres from UK crops.

If all the individual flax plants we produce on the farm in one year were laid end to end they would stretch from Leeds to New York and back again 123 times.

**We plant over 8 million flax linen seeds** per acre of crop grown.



**Waste dust and pulp from our hemp fibre production process is used to heat the farm buildings** via our sustainable biomass boiler.



We grow lavender, too, for our hand made mattresses - not for its hint of fragrance, but for its antimicrobial properties.

**Working with Natural England**  
Spink & Edgar has preserved ancient hedgerows and created wild flower fields and borders with the sole aim of protecting and improving the wildlife on the farm.



Lapwing

## Our commitment to nature

The insect, bird and animal population on the farm has positively improved due to the sustainable and environmental management of the natural ecosystem.

Bird boxes are positioned around the farm to encourage tit families, finches and owls.

Other activities include building otter holts on the banks of the River Wharfe; engineering wetland scrapes for wading birds and providing natural cover for wild deer, foxes, badgers and a variety of other natural British species of animal.

*"The wide variety of habitat management on the farm greatly improves the biodiversity of the area, the results of which can be seen from the thriving wildlife in and around the farm"*

- **Richard Bramley**  
Local farmer and farm consultant

### Hedgerows

The hedgerows are carefully maintained to afford wildlife continual protection, providing nesting and feeding environments for an array of insects and small animals.

### Wild bird seed, pollen and nectar area

Our wild bird and nectar plots are sown with a mixture of native flowers species and legumes to encourage many different types of birds, butterflies and bees to the area. The flowers and plants are chosen for their versatility, diversity to provide season long pollen, nectar and seeds.



Corn Bunting



A recent RSPB survey has counted 58 different species of birds with 11 being on the red list of conservation concern.

# Welcome to the Revolution

An engineer's passion is at the heart of every John Lewis Natural collection bed and it is here where the bed farmer also becomes the inventor.

But the inventor's journey does not end here. Spink & Edgar have continued to develop new spring technology and now the Revolution® pocket spring\* is further enhanced by the HD¹ and HD², high density pocket spring systems.

Exclusive to Spink & Edgar, the Revolution® pocket spring system provides superior postural support night after night. Available in medium and firm tensions the Revolution® pocket spring supports all the unique shapes and sizes that are the human body.



We use approximately 8 miles of wire in our uniquely sprung mattresses.

No other mattress manufacturer in the world uses Revolution®, HD¹ and HD² patent protected pocket springs.



The steel used in our patented pocket spring is 100% recyclable at the end of the mattresses life

Spring maker

\*See page 63 for technical specification of spring systems



# Comfort maker



## Unique fillings

We believe a good night's sleep benefits from environmentally-sound materials, so we blend all our mattress fillings ourselves from the finest natural materials.

This enables us to guarantee the quality of the filling materials, giving the freedom to use innovative and unique sustainable green fillings.

Our luxury home grown Hempure®, flax and wool are also complemented by Egyptian cotton or more exotic fibres such as fine cashmere wool and sumptuous silk, which are blended at our Leeds factory.



Spink & Edgar are the only mattress manufacturer in the world to grow, process and blend mattress fillings guaranteeing quality throughout our supply chain.

Flax linen fibre is three times stronger than cotton, making it one of the strongest natural fibres on earth.



The John Lewis Natural collection uses only 100% natural comfort fillings.

Spink & Edgar are working with leading UK universities on new sustainable uses for natural mattress fillings when you have finished sleeping on them.



Constructing the divan base



Layering the springs in the divan



Upholstering the divan



Hand side stitching

## The Craftsmen

Developing quality ingredients for sumptuous comfort layers are meaningless if they cannot be hand-tailored into beautiful beds and mattresses. Years of experience are passed from generation to generation of bed maker to ensure that every John Lewis Natural collection bed benefits from our skills and heritage.

Our 100% natural mattress ticking is measured and precisely cut, before being hand machine sewn in to borders and mattress panels.

The pocket spring units are secured to the mattress border using the time honoured traditional technique of hand side stitching. This highly skilled, but time consuming process ensures that the whole sleeping surface area can be used, providing edge to edge support night after night.

Copious amounts of luxury natural fillings are hand teased or layered in to place and completed by adding the ticking top and bottom panels, which are then skilfully tape edged to the border of the mattress.

The mattress is then tufted, the sole purpose of which is to secure the natural fillings in place and creating a lovely soft and lofty sleeping surface.



Our factory has been designed to use as little energy as possible in the production of our mattresses.

The timber in our divan frames is sourced from sustainably managed forests one of which is our own here in Yorkshire.



It takes over one year to produce our mattresses from seed to finished sleep perfection.

It takes many hours to hand side stitch a mattress.



Producing the mattress covers in the sewing room



Layer upon layer of fillings are added to the mattress



Tape edging the mattress

The John Lewis  
Natural collection





Model shown with Bedford headboard  
in Natural weave fabric

## Natural cotton

1200 pocket springs

The Natural Cotton sleeping surface helps to keep your body at a comfortable natural sleeping temperature. Cotton is soft, durable and highly absorbent which means it is good at wicking moisture away from the body and reducing temperature through evaporation, creating a hygienic sleeping environment.

- 1200 pocket springs in the Revolution® system include a patented unique additional inner spring for extra support.
- Cotton gives a comfortable sleeping surface and has excellent temperature management properties.
- Naturally strong and comfortable hemp fibres are blended with wool to create Hempure®; a unique filling which provides resilience, cushioned recovery and breathability.

## Cotton

*Genus gossypium*



Cotton is a soft, fluffy staple fibre that grows in a boll, or protective capsule, around the seeds of cotton plants of the genus *Gossypium*. The botanical purpose of cotton fibre is to aid in seed dispersal. The plant is a shrub native to tropical and subtropical regions around the world, including the Americas, Africa, and India and the use of cotton for fabric is known to date to prehistoric times.

## Natural linen

3000 pocket springs

The Natural Linen mattress is luxuriously upholstered with natural fillings including linen. This provides superbly resilient comfort with the additional benefit of improving moisture management within the mattress helping to keep the mattress clean, fresh and dry.

- 3000 pocket springs in the Revolution® HD system include a patent protected unique additional inner spring for extra support.
- Linen gives enhanced softness and cool comfort.
- Cotton provides additional comfort and temperature management.
- Naturally strong and comfortable hemp fibres are blended with wool to create Hempure®, a unique filling which provides resilience, cushioned recovery and breathability.

## Flax / Linen

*Linum usitatissimum*



The use of flax for the production of linen goes back at least to ancient Egyptian times. At the Spink & Edgar farm flax is cultivated and processed to produce a wonderfully resilient, soft and absorbent fibrous material which also has a low environmental impact.



Model shown with Bedford headboard in Taupe Twill fabric



## Egyptian cotton

*Gossypium barbadense*

Also known as extra-long staple cotton, Egyptian cotton is a frost-sensitive perennial plant that produces yellow flowers and has black seeds. It grows as a small, bushy tree and yields cotton with unusually long, silky fibres. Traditionally the leaves of *Gossypium barbadense* were used in medicine, to treat hypertension.

The longer length finer strands make Egyptian cotton the softest finest cotton used in mattresses giving it a more superior feel to ordinary cotton and is even more effective at wicking moisture away so improving the cooling properties.

## Natural Egyptian cotton 4000 pocket springs

The Egyptian cotton mattresses not only provides supreme comfort and softness, coupled with excellent temperature and moisture management, the 4000 pocket springs are responsive and give superb support.

- 4000 pocket springs in the Revolution® HD system include a patented unique additional inner spring for extra support.
- Egyptian cotton is added to this mattress alongside our standard cotton, giving superior softness, added strength and cool comfort.
- Linen gives enhanced softness and cool comfort.
- Cotton provides additional comfort and temperature management.
- Naturally strong and comfortable hemp fibres are blended with wool to create Hempure®; a unique filling which provides resilience, cushioned recovery and breathability.

Model shown with Buckingham headboard in Buccara Sahara fabric





## Fleece wool

Fleece wool makes the perfect mattress filling because of its unique crimped and elastic properties. The crimping of the wool retains air within the filling which causes the product to retain heat. Insulation also works both ways; Bedouins use wool clothes to keep heat out and protect the body.

As early as 200 BC mattresses in Ancient Rome consist of bags of cloth stuffed with wool, and by the early 18th century mattresses were being made predominantly filled with cotton or wool.

Wool is well known for its warmth and ability to regulate body temperature; our UK sourced wool is durable and naturally springy. Wool fibres inherently absorb moisture; and wick it away into the

atmosphere to reduce humidity in bed. The natural properties of wool inhibit the growth of bacteria, fungi and dust mites; therefore wool is a very hygienic, clean option and is the only natural choice for those that suffer with asthma or allergies.

Wool comes from a sustainable source with each sheep producing one fleece a year and is biodegradable.

The kind of sheep Spink & Edgar raise in Yorkshire produce springy wool ideal for mattresses.



## Natural fleece wool

5000 pocket springs

The finest British fleece wool is used for its durability, comfort and natural springiness. This coupled with the unique Revolution® HD pocket spring system provides for a sumptuously comfortable sleep experience.



- 5000 pocket springs in the Revolution® HD system include a patented unique additional inner spring for extra support.
- British wool is added to this mattress giving superior comfort, temperature regulation, and resilience.
- Egyptian cotton is added to this mattress alongside our standard cotton, giving superior softness, added strength and cool comfort.
- Naturally strong and comfortable hemp fibres are included to provide resilience, cushioned recovery and breathability.
- Linen is included in this mattress, giving improved softness and cool comfort.



Model shown with Lincoln low foot end bedstead in Canvas Heather fabric



## Angora

*Ankara keçisi*

The Angora goat originated in the Himalaya Mountains of Tibet, but got their name from Ankara (historically known as Angora), Turkey. Fabric made using the fleece from the Angora Goat was known in England as early as the 8th century.

A single goat produces between four and five kilograms of hair per year. Angoras are shorn twice a year, unlike sheep, which are shorn only once.

The fleece from the Angora goat is both durable and resilient, and is used in the top fillings blend to further enhance these qualities of the mattress. Much like fleece from sheep, it is superb for regulating body temperature, but is softer and has a more luxurious feel.

## Natural angora

7000 pocket springs

Angora fibres are extremely fine and more durable than wool helping provide the Natural angora mattress with a soft, luxurious and supremely comfortable feel.

- 7000 pocket springs in the Revolution® HD system include a patented unique additional inner spring for extra support.
- Fine angora wool is added to this mattress, providing a sumptuous and luxurious feel.
- British wool is added to this mattress giving superior temperature regulation, resilience and comfort.
- Egyptian cotton is added to this mattress alongside our standard cotton, giving superior softness, added strength and cool comfort.
- Naturally strong and comfortable hemp fibres are included to provide resilience, cushioned recovery and breathability.
- Linen and horsehair are included in this mattress, giving improved softness, support and cool comfort.

Model shown with Lincoln high foot end bedstead in Canvas Anthracite fabric



## Silk

Silk is one of the oldest textile fibres known to man and was discovered by accident. A silk cocoon fell into a cup of hot tea and the Chinese Empress Hsi-Ling-Shih pulled the threads and discovered silk.

For centuries silk has had a reputation as a luxurious and sensuous fibre, one associated with wealth and success. It has been used by the Chinese since the 27<sup>th</sup> century BC and was mentioned by Aristotle, the ancient Greek philosopher. During the Roman Empire, silk was sold for its weight in gold.

Silk is the strongest natural protein fibre. A steel filament of the same diameter will break before a filament of silk.

Silk absorbs moisture, which makes it cool in the summer and warm in the winter.





Model shown with Sandringham headboard in Buccara Dove Grey fabric

## Natural silk

9000 pocket springs

Sumptuous silk is combined with deep layers of fleece wool, angora wool, Egyptian cotton, linen, Hempure®, cotton and horse hair to create a simply wonderful sleeping environment. This level of natural comfort combined with 9000 pocket springs ensures a blissfully relaxing night's sleep.

- 9000 pocket springs in the Revolution® HD system with an additional inner spring for extra support.
- Silk provides superb temperature regulation, extra resilience and soft cool comfort.
- Fine angora wool gives a sumptuous and luxurious feel.
- British wool gives superior temperature regulation, resilience and comfort.
- Egyptian cotton alongside our standard cotton, give superior softness, added strength and cool comfort
- Hemp is a strong natural fibre which provides resilience to give cushioned recovery and breathability.
- Linen and horsehair enhance the softness, support and cool comfort.



## Cashmere

Cashmere wool is fine in texture, and strong, light, and soft. Cashmere goats produce a double fleece that consists of a fine, soft undercoat used for wool and a straighter and much coarser outer coating of hair. Cashmere wool is super soft and luxuriously smooth, with the same beneficial properties of wool but with added opulence. This is blended in the top layer of the Natural Cashmere mattress.

Cashmere hair is also added to the hand teased mix lower down in the fillings structure and provides added resilience, durability and softness.





Model shown with Harrogate headboard in Sienna Slate fabric

## Natural cashmere

13000 pocket springs

Opulence is the only way of describing the comfort experienced from the Natural cashmere mattress. Layer after layer of lavish natural fillings are combined with an unsurpassed 13000 individual pocket springs to create an unforgettable night's sleep.

- 13000 pocket springs in the Revolution® HD system with an additional inner spring for extra support.
- Fine cashmere gives utmost comfort and a truly opulent feel.
- Silk provides superb temperature regulation, extra resilience and soft cool comfort.
- Fine angora wool provides a sumptuous and luxurious feel.
- British wool gives superior temperature regulation, resilience and comfort.
- Egyptian cotton alongside our standard cotton, gives superior softness, added strength and cool comfort
- Hemp is a strong natural fibre which provides resilience to give cushioned recovery and breathability.
- Linen and horsehair enhance softness, support and cool comfort.



## The John Lewis Natural collection box tops

Within the actual boxtop of the mattress, the generous layers of natural fillings and HD<sup>2</sup> springs create a profoundly relaxing experience that truly sets the John Lewis Natural collection boxtops apart. These natural fillings encase the HD<sup>2</sup> springs within the boxtop, which are then secured by the hand tufting. Not only do the HD<sup>2</sup> springs contour and support the natural curves of the human body, they also never lose their height thus work against the natural settlement of the fillings ensuring the mattress maintains its loftiness without the need to turn.





## Natural angora box top 6000 pocket springs

The Angora box top's revolutionary design incorporates within the box top, two support layers of HD<sup>2</sup> pocket springs coupled with sumptuous comfort layers. This combination of patented spring technology and luxury fillings provide for a fantastically comfortable 'no need to turn' mattress.

- 6000 pocket springs in the Revolution® HD system include a unique patented additional inner spring for extra support.
- HD Springs and 100% natural fillings in the box top mattress provide a deeper, no need to turn luxurious comfort.
- Fine angora gives a sumptuous and luxurious feel.
- British wool gives superior temperature regulation, resilience and comfort.
- Egyptian cotton alongside our standard cotton gives superior softness, added strength and cool comfort.
- Naturally strong and comfortable hemp fibres provide resilience, cushioned recovery and breathability.
- Linen gives improved softness and cool comfort.



Model shown  
with Sandringham  
headboard in Sienna  
Mink fabric

Model shown with full depth  
Buckingham headboard in  
Canvas Pebble fabric



## Natural silk box top 8000 pocket springs

The Natural Silk box top's revolutionary design incorporates within the box top three support layers of HD<sup>2</sup> pocket springs coupled with a generous layers of sumptuous natural fillings. This combination of ultra-supportive patented pocket spring technology and luxury fillings provides for a sensationally comfortable 'no need to turn' mattress.

- 8000 pocket springs in the Revolution® HD system include a unique patented additional inner spring for extra support.
- HD Springs and 100% natural fillings in the box top mattress provide a deep, more luxurious comfort.
- Silk provides superb temperature regulation, extra resilience and soft cool comfort.
- Fine angora gives a sumptuous and luxurious feel.
- British wool gives superior temperature regulation, resilience and comfort.
- Egyptian cotton alongside our standard cotton, gives superior softness, added strength and cool comfort.
- Naturally strong and comfortable hemp fibres are included to provide resilience, cushioned recovery and breathability.
- Linen gives improved softness and cool comfort.



## Bedsteads

If you prefer a bedstead rather than a divan, Spink & Edgar have developed the stylish Lincoln bedstead, available with either a high or low foot end (featured on the Fleece wool mattress page) and can be upholstered in any of the wide selection of fabrics.

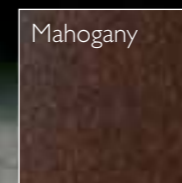
This easy to assemble bedstead slots together without the use of any tools by two people in just five minutes.

## John Lewis Natural collection mattresses are suitable for bedsteads

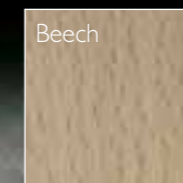
All John Lewis Natural collection mattresses are specially constructed to ensure it offers optimum comfort and support whichever base construction it is used with. When using the mattress on a bedstead with slats, we generally recommend that the gap between the slats is not more than 75mm.

### For added comfort

To maximise your comfort, purchase the John Lewis Natural collection sprung undermattress; providing sprung base comfort without compromising your chosen style.



Mahogany



Beech

Model shown features the Lincoln bedstead base in Canvas Anthracite fabric. Available with Beech or Mahogany coloured legs.

# Headboard options

Complement your new John Lewis bed by selecting one of our headboards, in a style and design to suit your taste. All headboards are available either full depth or strutted, apart from the Harrogate which is only available as full depth.

Headboard dimensions	Buckingham	Leeds	Bedford	Sandringham	Lincoln	Harrogate
Height of full depth headboard from floor (cm)	127cm	127cm	127cm	128cm	127cm	143cm
Depth (cm)	10cm	8cm	10cm	8cm	8cm	10cm

## Strutted headboards



Buckingham

Leeds



Bedford

Sandringham

Lincoln

## Full depth headboards



Buckingham

Bedford\*

Lincoln



Leeds

Sandringham

Harrogate

\*Bedford full depth not available in Buccara range of fabrics

## Fabric options

Our whole range of divan bases and headboards are available in a fabric of your choice, from an extensive palette of desirable colours, shades and textures.

- 1 Natural Weave
- 2 Sienna Beige
- 3 Canvas Pebble
- 4 Taupe Twill
- 5 Buccara Sahara
- 6 Buccara Dove
- 7 Sienna Corn
- 8 Canvas Heather
- 9 Sienna Mink
- 10 Buccara Mink
- 11 Ceylon
- 12 Canvas Bark
- 13 Sienna Ash
- 14 Sienna Slate
- 15 Canvas Anthracite

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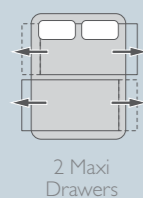
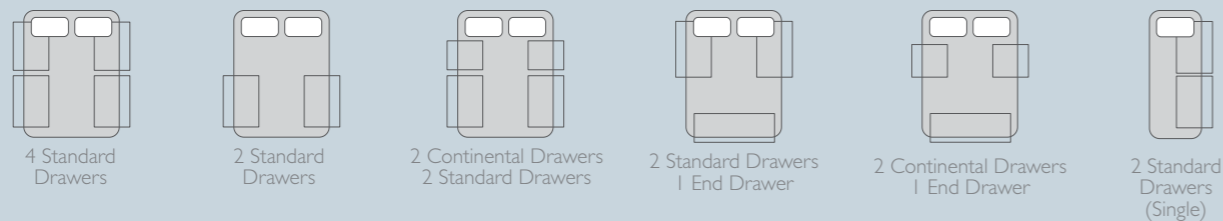
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# Standard storage options

There is a full choice of storage options available with your new bed as shown below. The drawers are of extremely high quality and are constructed using maple ply with veneers and strong dovetail joints.



The Maxi drawer is the biggest drawer on the market and has 33% more storage space than two standard drawers. The Maxi drawer can be accessed from either side of the bed and extends to its full width.



## True edge base



Supported True edge

Standard sprung edge base with collapsed edge

For optimum comfort a True edge base should be used with your John Lewis Natural collection mattress. Most conventional sprung bases have a collapsing sprung edge which can make you feel like you are going to roll out of bed. True edge bases have the solution to this problem.

We use a reinforced 'true edge' on our base, encasing pocket springs across the surface. Not only do you get responsive support from your mattress, but the True edge base completely eliminates any 'give' in the base edge.

On a practical note, True edge - in conjunction with side stitching - allows you to sleep right to the edge of the mattress without any fear of 'roll off', maximising the sleeping surface. The reinforced sides also make it a lot easier to get in and out of bed.



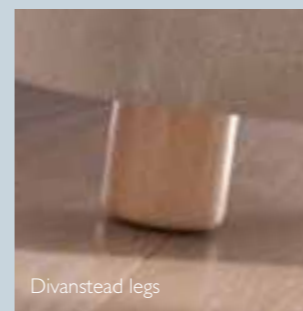
## Optional backlift

**Great for watching TV and reading in bed**  
For added comfort, support and convenience whilst in bed, whether reading, watching television or perhaps to assist during sleep. Our complete range is available with the option of a backlift divan, this provides all the benefits of a pocket sprung base.

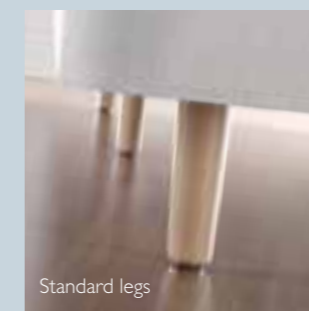
Our backlift is available as a single mechanism or as a dual backlift, where each side of the bed has its own motor and remote control, to enable independent adjustment that won't effect your partner.

## Feet & legs

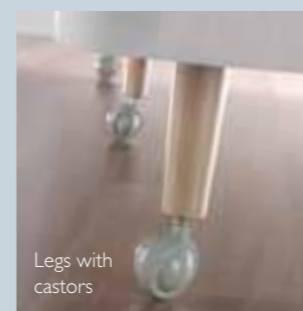
As standard, your bed will be made with shepherd castors. Optional legs and brake castors are available on your chosen bed, we will be pleased to assist you with your requirements. The type of floor that you have in your bedroom often dictates the best leg/foot option for your bed.



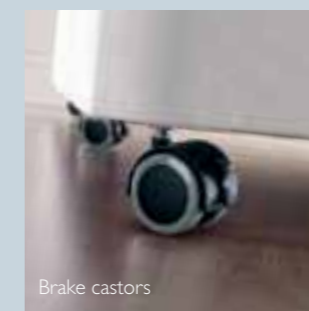
Divanstead legs



Standard legs



Legs with castors



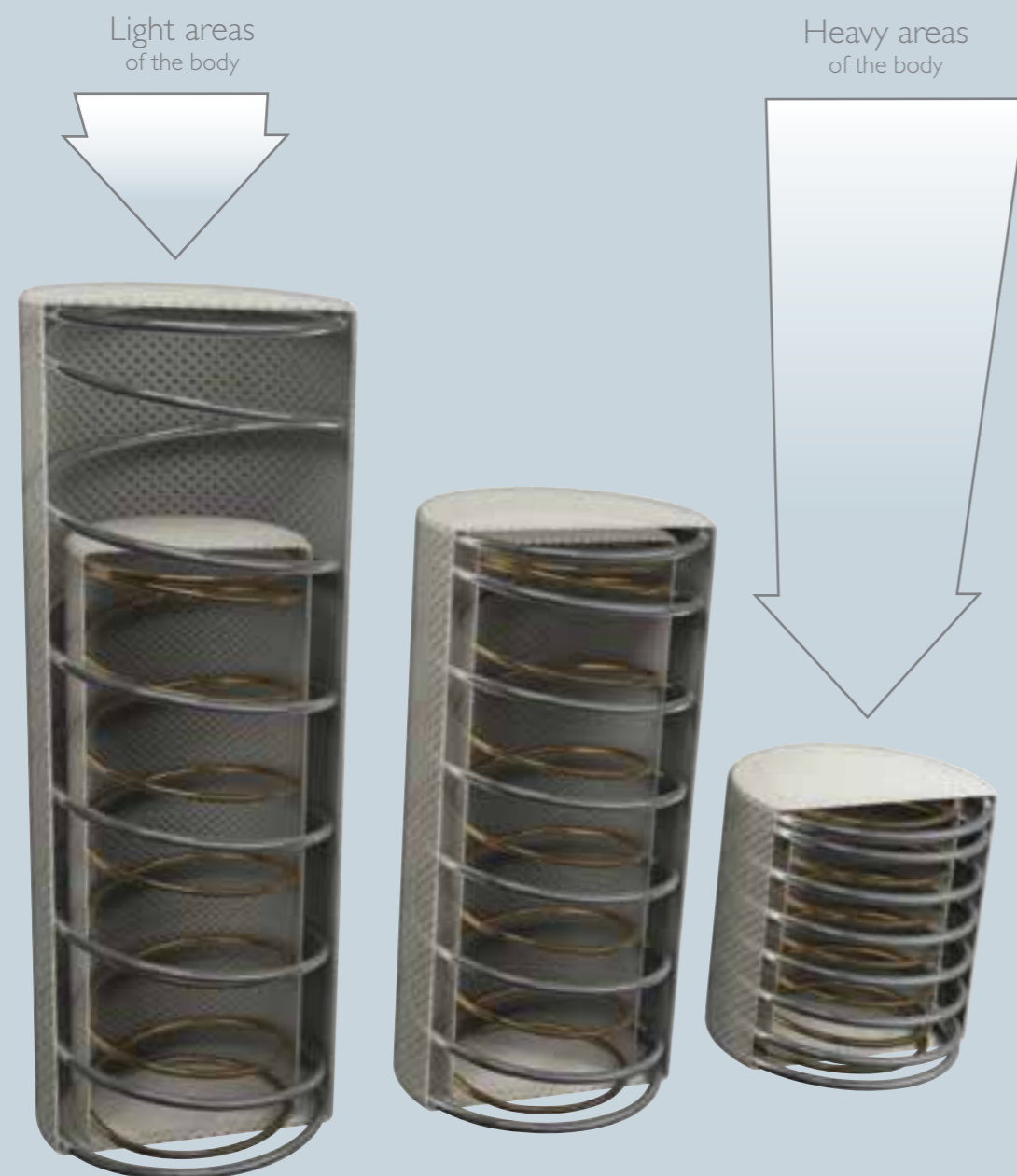
Brake castors

## Revolution<sup>®</sup> pocket spring system

### Enhanced comfort & support.

It is well known that the most supportive spring units in mattresses are pocket sprung. All the mattresses in the John Lewis Natural collection benefit from Spink & Edgar's award winning Revolution<sup>®</sup> pocket spring within a spring design for enhanced comfort and support.

To achieve correct posture, the Revolution<sup>®</sup> spring within a spring system has a two stage action. Firstly, the **outer spring** offers a high degree of comfort as it yields to the body, then the **inner spring** offers a highly supportive second action. Your body sinks into the mattress just the right amount for comfort, as the inner spring is engaged extra support is delivered just where and when you need it.



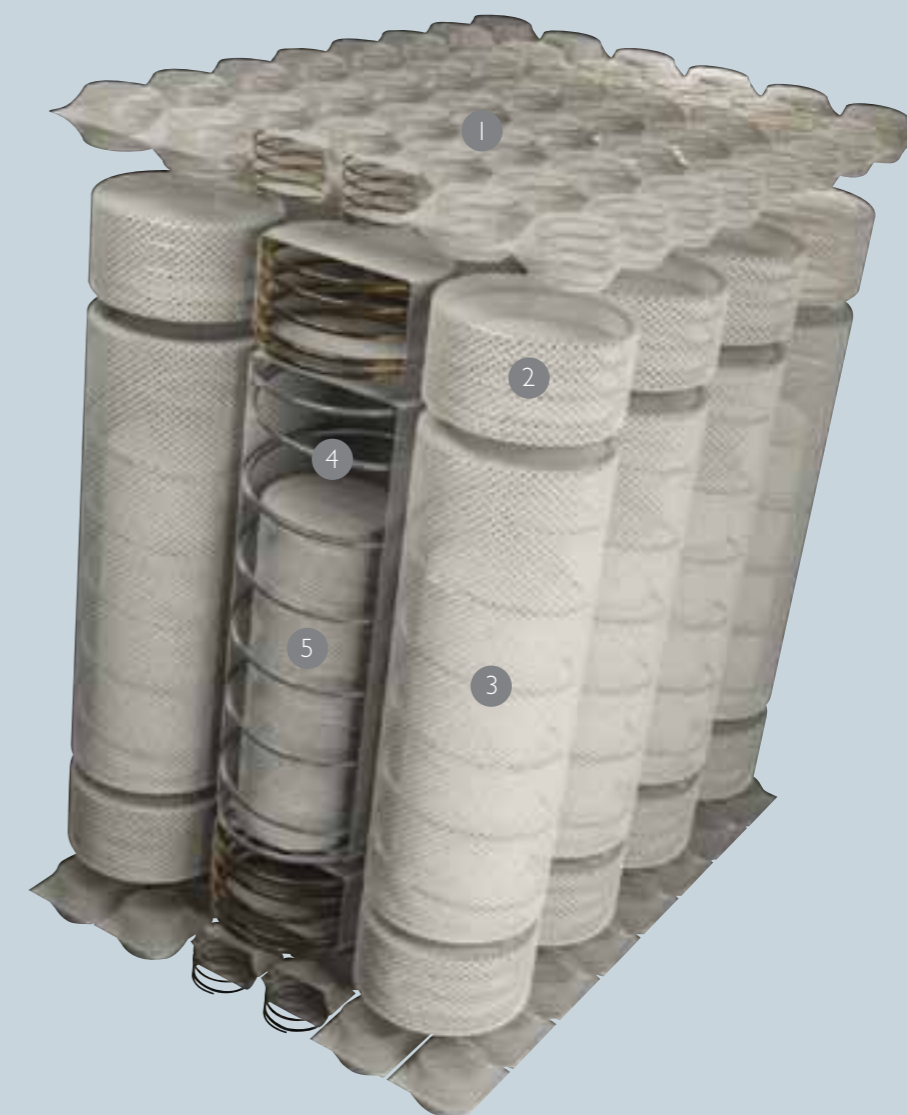
No two people require the same level of support from their bed.

## Unique spring system

Pressure points form when blood cannot reach certain areas of the body because weight is not supported sufficiently. Sleeping on a mattress with a low number of springs can create pressure points that cause sleep disturbance.

**HD** (High density) pocket springs distribute your weight between a greater number of springs and so reduce the build up of pressure points. The HD pocket spring system provides unrivalled support for ultimate comfort.

- ① HD<sup>2</sup> spring
- ② HD<sup>1</sup> spring
- ③ Revolution<sup>®</sup> spring
- ④ Revolution<sup>®</sup> outer spring
- ⑤ Revolution<sup>®</sup> inner spring





# Perfect sleeping posture

Good sleeping posture is important for health and wellbeing, after all we spend a third of our lives in bed. Poor sleeping posture often leads to serious ongoing back & neck damage and a reduction in sleep quality.



Too soft - Spine out of alignment, spine bows downwards creating pressure around the hips and lower back.



Too firm - Spine bows upwards creating pressure around shoulders and knees.



Correct posture - Spine is neutral and in line. Heavier parts of the body, the knees, hips and shoulders, are correctly supported to ensure a fantastic night's sleep. All our mattresses are available in a medium or firm tension to optimise individual spinal alignment.



## Product matrix

Model	Spring count 150cm bed	Spring type	Side stitching rows	Fabric	Fillings	Tufts	Need to turn
Natural cotton - page 23	1200	Revolution®	2	Viscose and Cotton	Cotton and Hempure®.	3	Cotton Felt Turn with the seasons
Natural linen - page 24	3000	Revolution® HD <sup>2</sup>	2	Viscose and Cotton	Linen, Cotton and Hempure®.	3	Cotton Felt Turn with the seasons
Natural Egyptian cotton - page 28	4000	Revolution® HD <sup>2</sup>	2	Viscose	Egyptian cotton, Linen, Cotton and Hempure®.	3	Cotton Pom Pom Turn with the seasons
Natural fleece wool - page 32	5000	Revolution® HD <sup>2</sup>	3	Viscose	Fleece wool, Egyptian cotton, Linen, Cotton and Hempure®.	16	Wool Rosettes Turn with the seasons
Natural angora box top - page 48 (single sided)	6000	Revolution® HD <sup>2</sup>	2	Viscose	Angora, Fleece wool, Egyptian cotton, Linen, Cotton and Hempure®.	16	Wool Rosettes Rotate only
Natural angora - page 36	7000	Revolution® HD <sup>1+2</sup>	3	Viscose	Angora, Fleece wool, Egyptian cotton, Linen, Cotton, Hempure® and Horse hair.	16	Wool Rosettes Turn with the seasons
Natural silk box top - page 51 (single sided)	8000	Revolution® HD <sup>1+2</sup>	3	Viscose	Silk, Angora, Fleece wool, Egyptian cotton, Linen, Cotton, Hemp® and Horse hair.	16	Wool Rosettes Rotate only
Natural silk - page 41	9000	Revolution® HD <sup>2</sup>	4	Viscose	Silk, Angora, Fleece wool, Egyptian cotton, Linen, Cotton, Hempure® and Horse hair.	16	Wool Rosettes Turn with the seasons
Natural cashmere - page 45	13000	Revolution® HD <sup>2</sup>	4	Viscose	Cashmere, Silk, Angora, Fleece wool, Egyptian cotton, Linen, Cotton, Hempure® and Horse hair.	16	Wool Rosettes Turn with the seasons

### Bespoke service

All our beds are hand built to order; therefore if you have an unusual size requirement we will be more than happy to build the bed to your individual needs. Please do not hesitate to ask in store, we will be happy to assist with your requirements. All mattresses are available in medium and firm tensions.

### Zipped mattress

If you prefer, we can produce our King and Superking mattresses zipped in two pieces. Perfect if you and your partner prefer different tensions or access to your bedroom is difficult. These mattresses are lighter and easier to turn.

### Caring for your new bed

Body impressions are a feature of hand made mattresses and are a result of generous layers of quality natural filling materials reacting to your body shape. This is just your mattress "getting to know you".

It is good to refresh the sleeping surface by turning and rotating the mattress with the seasons.

Turning and rotating your mattress regularly gives the fillings a rest and freshens the sleeping surface. Our mattresses all have substantial layers of natural upholstery fillings, therefore the mattress needs turning regularly, especially just after purchase. Rotate the mattress head to foot and turn over regularly for the first couple of months. After this initial period rotate and turn with the seasons.

A box top mattress only has upholstery comfort layers on one side and cannot be turned over. It should be rotated head to foot with the change in seasons.



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